

20 OZ PARTY PACK

THIS PARTY PACKS A CRUNCH!

TASTES GREAT!



ORGANIC.

2 10 oz. Bags

EACH 20 OZ BOX CONTAINS 2-10 OZ BAGS
THREE VARIETIES OF FLAVORS

MARY'S GONE CRACKERS® are great tasting super crispy, satisfying gourmet crackers full of healthful, nutritious ingredients! Our organic, whole grain, gluten-free crackers contain no added oils or trans-fats, no sugar or dairy.

SIMPLY NOURISHING
INGREDIENTS...

BROWN RICE.



QUINOA.



FLAX SEEDS.



SESAME SEEDS.



Original

Original & Herb

Original & Black Pepper

CONSCIOUS EATING™

ORGANIC.
MARY'S
Gone
CRACKERS



Gourmet
WHOLE GRAIN • GLUTEN-FREE
Party Pack 2 10 oz. Bags

SPECIFICATIONS

Carton Dimensions: 8" X 6 3/8" X 4 1/2"
Carton Weight: 20 oz
Cartons per Pallet: 300
Pallet Layers: 6X10
Pallet Rows: 5 Rows/60 per Row
Pallet Height: 46"
Pallet Weight: 520 lbs.

- Organic**
- Kosher**
- non-GMO**
- Whole Grain**
- Heart Healthy** ♥
- Vegan-Dairy Free**
- Wheat-Free • Gluten-Free**
- No hydrogenated oils**
- No trans-fats**

Contains 450 mg. of omega-3 fatty acids per 1 oz serving

Manufactured in our own dedicated wheat-free gluten-free, nut-free facility

CONSCIOUS EATING™

888-258-1250
www.marysgonecrackers.com

Original

Herb

Black Pepper

Nutrition Facts
 Serving Size 13 crackers (30g)
 Servings Per Container about 20

Amount Per Serving	
Calories 140	Calories from Fat 45
% Daily Value*	
Total Fat 5g	8%
Saturated Fat** 0.5g	3%
Polyunsaturated Fat 2.5g	
Monounsaturated Fat 1.5g	
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 190mg	8%
Potassium 160mg	5%
Total Carbohydrate 21g	7%
Dietary Fiber 3g	12%
Sugars 0g	
Protein 3g	
Vitamin A 0%	Vitamin C 0%
Calcium 4%	Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet.

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% Daily Value*	
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Saturated Fat** 0.5g	3%
Polyunsaturated Fat 2.5g	
Monounsaturated Fat 1.5g	
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 180mg	8%
Potassium 170mg	5%
Total Carbohydrate 21g	7%
Dietary Fiber 3g	12%
Sugars 0g	
Protein 3g	
Vitamin A 0%	Vitamin C 0%
Calcium 4%	Iron 6%

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Calcium 4%	Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet.

ORIGINAL
INGREDIENTS: ORGANIC SHORT GRAIN BROWN RICE, ORGANIC WHOLE QUINOA, ORGANIC BROWN FLAX SEEDS, ORGANIC BROWN SESAME SEEDS, FILTERED WATER, ORGANIC GARLIC, ORGANIC HERBS, ORGANIC WHEAT-FREE LOW SODIUM TAMARI (WATER, WHOLE ORGANIC SOYBEANS, SALT, ORGANIC ALCOHOL), SEA SALT.

HERB
INGREDIENTS: ORGANIC SHORT GRAIN BROWN RICE, ORGANIC WHOLE QUINOA, ORGANIC BROWN FLAX SEEDS, ORGANIC BROWN SESAME SEEDS, FILTERED WATER, ORGANIC GARLIC, ORGANIC HERBS, ORGANIC WHEAT-FREE LOW SODIUM TAMARI (WATER, WHOLE ORGANIC SOYBEANS, SALT, ORGANIC ALCOHOL), SEA SALT.

BLACK PEPPER
INGREDIENTS: ORGANIC SHORT GRAIN BROWN RICE, ORGANIC WHOLE QUINOA, ORGANIC BROWN FLAX SEEDS, ORGANIC BROWN SESAME SEEDS, FILTERED WATER, ORGANIC BLACK PEPPER, ORGANIC WHEAT-FREE LOW SODIUM TAMARI (WATER, WHOLE ORGANIC SOYBEANS, SALT, ORGANIC ALCOHOL), SEA SALT.



MANUFACTURED IN OUR OWN DEDICATED WHEAT-FREE GLUTEN-FREE, NUT-FREE FACILITY.
 **SATURATED FAT IN OUR CRACKERS OCCURS NATURALLY FROM WHOLE SESAME SEEDS, FLAX SEEDS AND QUINOA.
MADE IN CALIFORNIA, USA

Manufactured by Mary's Gone Crackers®
 P.O. BOX 965 GRIDLEY, CA 95948 USA
 888-258-1250
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